

## What to bring:

- T-shirts
- Shorts
- Shoes / trainers
- Socks and underwear
- A jumper/hoodie (in case it's chilly in the evening!)
- Sun Hat
- Sunscreen
- Swimming kit
- Towel
- Wash kit
- Sleeping bag
- Torch
- Water bottle (at least 1I capacity)
- ...and your favourite Teddy Bear too!

\*Clothing should be suitable for rough, wet and potentially dirty activities.

\*\*Please ensure all items are clearly marked with students' names.

## N.B. Vest tops, short shorts and unsupportive footwear are unsuitable for

## activity sessions

- Please do not bring any items of great monetary or personal value. North Star cannot be held responsible for lost or missing items.
- No electronic devices are allowed. If you wish to bring a camera, we recommend you bring a disposable one!
- Relatives who wish to communicate with students during the trip should do so through a line of communication predetermined by the school. However, if need be, please contact North Star directly.